

# JELLY WRESTLING RULES

We want jelly wrestling to be a safe and fun, if somewhat messy, event for all those participating. That is why we ask you to follow these simple rules for Jelly Wrestling!

## Rules

If you're planning to participate (on Sunday morning), please be aware of these rules:

- No spear tackles or pile drives
- No head high tackles
- No giving wedgies
- No intentional removal/ripping of opponent's clothes
- No indecent exposure

Participants must follow the direction of the jelly wrestling MC at all times.

## Clothes

At a minimum, you must wear:

- boxers and boardie's or underwear with shorts
- T-shirt
- if applicable - Bikini top under T-shirt

## Consequences

If you don't abide by these rules, you will be asked to leave the ring, and will not be allowed to participate any further. Any severe breach of these conditions will result in the individual or team being brought before event committee for disciplinary action.